



Survey Questions - Independent School Foods Program

School Information

School district number where the independent school is located (this will generate a smaller drop down list of schools)

Program Type

Do you currently have a school food program intended to address food insecurity at your school?

- Yes
 No
 No, but we utilize an external community program (such as a food bank).

Does your school food program include breakfast?

- Daily A few times per week Once per week A few times per month Once a month Rarely Never N/A

Does your school food program include hot lunches?

- Daily A few times per week Once per week A few times per month Once a month Rarely Never N/A

Does your school food program include bag lunches?

- Daily A few times per week Once per week A few times per month Once a month Rarely Never N/A

Does your school food program include snacks?

- Daily A few times per week Once per week A few times per month Once a month Rarely Never N/A

Does your school food program include services on non-instructional days/weekends?

- Continually A few times per month A few times per year Rarely Never N/A

Does your school food program include services to childcare or pre/post school care?

- Daily A few times per week Once per week A few times per month Once a month Rarely Never N/A

Is your school food program universal or targeted?

- Universal
 Targeted
 Both

Food Procurement

Who helps to provide/procure the food for school food programs?

- Teachers
 School employees (not teachers)
 Students
 Other non-profit groups
 Contracted third party
 Other

Where is the food used in the school food programs sourced from?

- Grocery stores (not Costco)
 Costco
 Food distributor (e.g. Sysco, GFS)
 Restaurants and fast food
 Direct from source (e.g. farms, fisheries, bakeries)

- E-commerce
- Donated by non-profit
- Other

Meals Frequency

How many days each week is some form of school food provided?

- 1 2 3 4 5 6 7

Which month(s) are the school food program utilized the most?

- January
- February
- March
- April
- May
- June
- July
- August
- September
- October
- November
- December

What are the approximate total number of meals offered daily?

What are the approximate number of students consuming school foods daily?

How many students participate in the meals program?

Food Accommodations

Does your school food program accommodate any of the following:

- Gluten-free
- Vegan
- Vegetarian
- Lactose Intolerant
- Nut allergies
- Other allergies
- Kosher
- Halal
- Other cultural preferences
- No accommodations

Nutrition Standards: Promoted Foods in School MEALS (excludes snacks – which appear in the next question)

How often are vegetables and fruits (excluding 100% fruit juice) included in your school meals? Examples include fresh, frozen, canned or dried vegetables and fruits, excluding 100% fruit juice and French fries.

- With every meal With 50% of meals With 25% or less of meals Never

How often are whole wheat or whole grain products included in your school meals? Examples include whole wheat or whole grain buns, bread, tortillas, pitas, oatmeal, barley and rice.

- With every meal With 50% of meals With 25% or less of meals Never

How often are non-processed proteins included in your school meals? Examples include chicken, turkey, beef, fish, tofu, beans, legumes, hummus, eggs, yogurt and cheese.

- With every meal With 50% of meals With 25% or less of meals Never

How often is plain milk or a fortified milk-alternative beverage included in your school meals?

- With every meal With 50% of meals With 25% or less of meals Never

How often are processed proteins included in your school meals? Examples include bologna, pepperoni, salami and ham.

- With every meal With 50% of meals With 25% or less of meals Never

How often are sugary drinks included in your school meals? Examples include soft drinks, sports drinks, lemonade, iced tea, chocolate milk, fruit punch cocktails and juice (including 100% juice).

- With every meal With 50% of meals With 25% or less of meals Never

How often are refined grains included in your school meals? Examples include cookies, granola bars, cake/cupcakes, pies, tarts, squares, and white breads/buns/pitas.

- With every meal With 50% of meals With 25% or less of meals Never

How often are school meals prepared from scratch on site?

- With every meal With 50% of meals With 25% or less of meals Never

How often are school meals pre-packaged or purchased from fast food chain restaurants? Examples include subs, hamburgers and fried chicken.

- With every meal With 50% of meals With 25% or less of meals Never

Nutrition Standards: Promoted Foods in School SNACKS (excludes meals - which appear in the question above)

How often are vegetables and fruits (excluding 100% fruit juice) included in your school snacks? Examples include fresh, frozen, canned or dried vegetables and fruits, excluding 100% fruit juice and French fries.

- With every snack With 50% of snacks With 25% or less of snacks Never

How often are whole wheat or whole grain products included in your school snacks? Examples include whole wheat or whole grain buns, bread, tortillas, pitas, oatmeal, barley and rice.

- With every snack With 50% of snacks With 25% or less of snacks Never

How often are non-processed proteins included in your school snacks? Examples include chicken, turkey, beef, fish, tofu, beans, legumes, hummus, eggs, yogurt and cheese.

- With every snack With 50% of snacks With 25% or less of snacks Never

How often is plain milk or a fortified milk-alternative beverage included in your school snacks?

- With every snack With 50% of snacks With 25% or less of snacks Never

How often are processed proteins included in your school snacks? Examples include bologna, pepperoni, salami and ham.

- With every snack With 50% of snacks With 25% or less of snacks Never

How often are sugary drinks included in your school snacks? Examples include soft drinks, sports drinks, lemonade, iced tea, chocolate milk, fruit punch cocktails and juice (including 100% juice).

- With every snack With 50% of snacks With 25% or less of snacks Never

How often are refined grains included in your school snacks? Examples include cookies, granola bars, cake/cupcakes, pies, tarts, squares, and white breads/buns/pitas.

- With every snack With 50% of snacks With 25% or less of snacks Never

How often are school snacks prepared from scratch on site?

- With every snack With 50% of snacks With 25% or less of snacks Never

How often are school snacks pre-packaged or purchased from fast food chain restaurants? Examples include bags of chips and chocolate bars.

- With every snack With 50% of snacks With 25% or less of snacks Never

Feed B.C.

What is your school's policy on sourcing B.C./local food for your school food programs?

- Choose B.C. food whenever possible
 Choose B.C. food whenever the costs are comparable
 Food source is not considered
 School does not make this decision

Does your school have any other sourcing approaches or practices to specifically source local/B.C. produced and/or processed foods for your food programs?

- Yes
 No

If yes, please describe. If no, explain why.

Financial

Is there a fee typically associated with your School Food Program?

- Yes
 No

Is there a fee for students/families known or suspected of experiencing food insecurity?

- Yes
 No

Do students/families have to register to use the school food program?

- Yes
 No

In addition to funding from the ministry and/or the school, does the school receive additional funding for this school food program?

- Provincial Food Programs
 National Food Programs
 Community food programs
 PAC or parent fundraising
 Non-profit funding
 Other

Facilities

Does your school have:

- A full kitchen facility
 A cafeteria (for food prepared onsite)
 Vending machine(s)
 Other area dedicated to food preparation

Extra

Contact name

Contact Email

SUBMIT

Version: 4