

• FOUNDRY •

Foundry Virtual BC & The PreVenture[®] Program

April, 2026



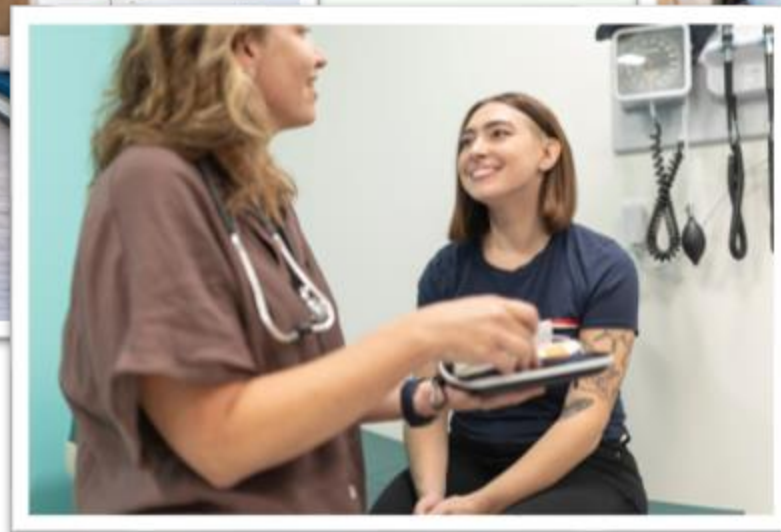
Land Acknowledgement

We honor and acknowledge with much gratitude that our place of work and play takes place on lands steeped in rich Indigenous history and home to many First Nations, Métis, and Inuit people today.

We recognize and respect Indigenous people as the traditional stewards of this land and the enduring relationship that exists between Indigenous peoples and their traditional territories.



Foundry offers young people ages 12-24 health and wellness resources, services and supports – through integrated youth service centres, Foundry Virtual BC and foundrybc.ca



IYS networks are happening across Canada and are working together as members of the Federation of Integrated Youth Services Network (FIYSN)



Foundry Locations across BC



Open

- Abbotsford
- Burns Lake
- Campbell River
- Cariboo Chilcotin
- Comox Valley
- East Kootenay
- Kelowna
- Langley
- North Shore
- Prince George
- Vancouver-Granville
- Victoria
- Penticton
- Port Hardy
- Ridge Meadows
- Richmond
- Sea to Sky
- Surrey Central
- Terrace
- Tri-Cities

Coming Soon

- Burnaby
- Chilliwack
- Fort St. John
- Kamloops
- Port Alberni
- qathet
- Quesnel
- Snuneymuxw
- Sooke-West Shore
- South Surrey-White Rock
- Sunshine Coast
- Vancouver
- Vanderhoof
- North Okanagan
- Kootenay Boundary



What is Foundry Virtual BC?

Foundry Virtual BC aims to **fill the gap in services in for youth ages 12-24** and their caregivers in **communities across BC, including rural & remote communities.**

All services are **FREE** and **CONFIDENTIAL!**

Open 7 days a week!

Monday-Friday 10:00am-9:00pm
Saturday-Sunday 10:00am-6:00pm

Foundry BC app

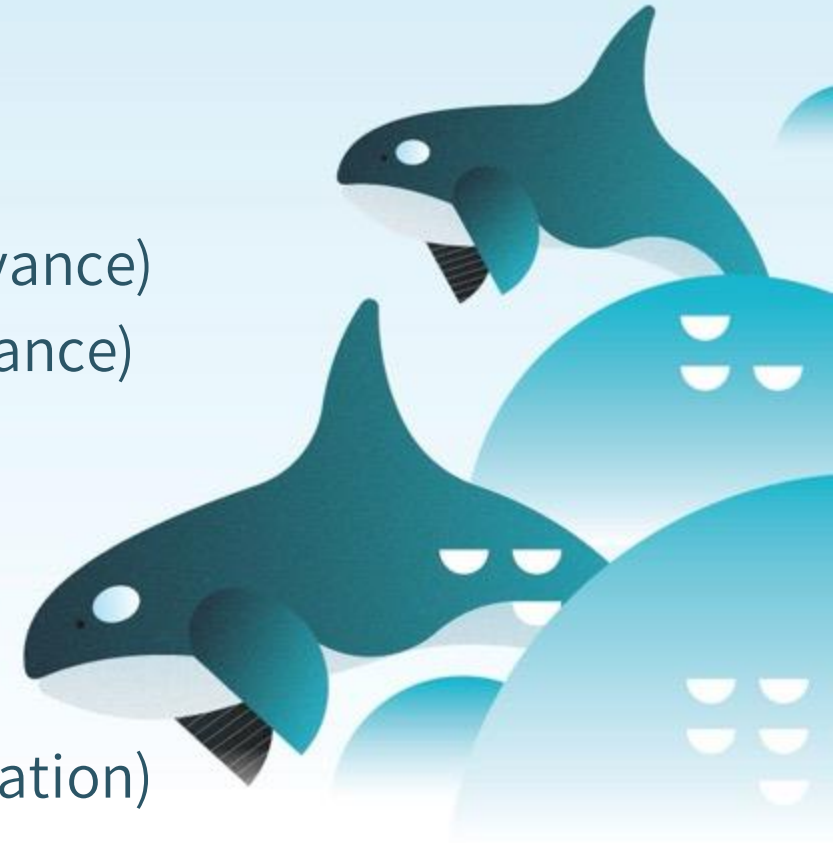
- Access through the Foundry BC App or Web Portal
- Video, phone/audio and chat options available
- No referrals needed!



Services offered by Foundry Virtual BC?

Current Services:

- Counselling services (same day appts / scheduled in advance)
- Youth Peer Support (same day appts / scheduled in advance)
- Groups/Workshops - wellness & clinical
- Substance use services
- Family peer support and caregiver groups/workshops
- Physical & Sexual Health services
- Employment/Education Services (Foundry Work & Education)
- Indigenous Peer Support & Wellness Services



Book appointments on the same day or in advance!



Benefits

Foundry Virtual BC Services

Options for youth who lack transportation

Wider accessibility (physical limitations, rural & remote communities)

Lower barrier services (video, audio, chat)

Connect with service providers across BC

Evening & weekend appointment times

Flexibility with time and location (school lunch hour, work break)

Free & confidential!

Meet & connect with peers living across BC

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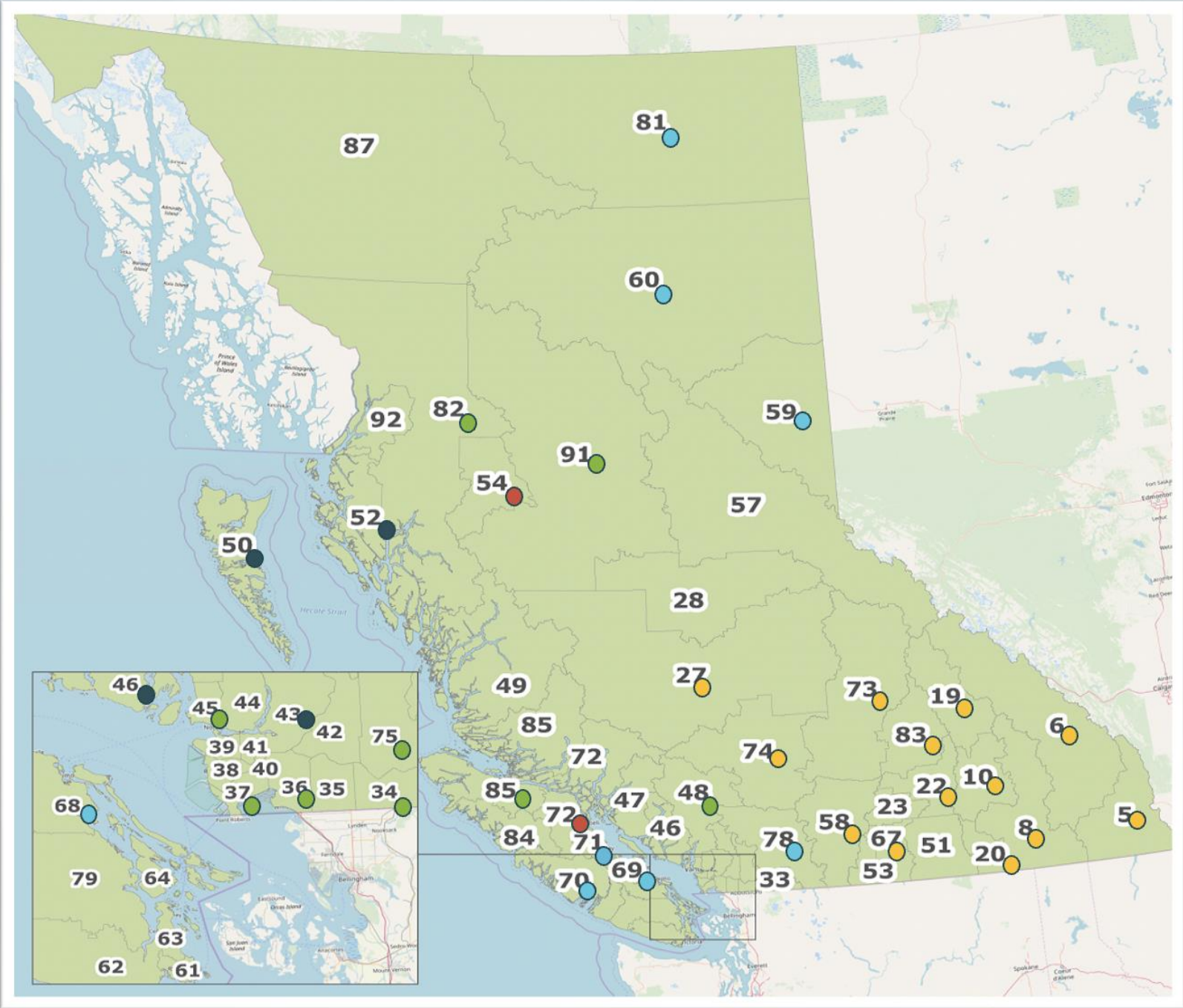


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PreVenture® Program Overview

Foundry-Supported PreVenture® Program Implementation across BC School Districts

- 2022-2023
- 2023-2024
- 2024-2025
- 2025-2026
- IH-Supported



What is the PreVenture® Program?

- An evidence-based initiative developed by Dr. Patricia Conrod, Professor of Psychiatry at the University of Montreal
- Personality-focused mental health & substance use prevention & early intervention (grades 7 to 9)
- Provides goal setting, coping strategies, and decision-making skills
- Focuses on four personality profiles:
 - **Negative Thinking**
 - **Anxiety Sensitivity**
 - **Sensation Seeking**
 - **Impulsivity**



How is the PreVenture[®] Program Delivered?

50-60% of
students eligible

Student Screening

- All students in the target grade
- 23 item questionnaire
- 1 to 4 (Strongly Agree – Strongly Disagree)

Workshop Scheduling

- Workshop sessions
- Location and timing
- Invite students (1 to 12 per group)

Workshop Delivery

- Trained school staff
- Manualized program: Facilitator scripts & student workbooks

Examples:

- *I usually act without stopping to think.*
- *I am very enthusiastic about my future.*

Evidence Behind the PreVenture Program

Substance Use Outcomes	Mental Health Outcomes
<ul style="list-style-type: none">• Delayed initiation of substance use• Reduced substance use by up to 80%• Decreased odds of binge drinking by 80%• Reduced frequency of substance use• 83% reduction in risk of hazardous alcohol use over 7-year follow-up	<ul style="list-style-type: none">• Reduced anxiety and depressive symptoms• Decrease in conduct behaviours• Reduced suicidal ideation• Decreased bullying and victimization• Increased benefits for trauma and existing MH symptoms

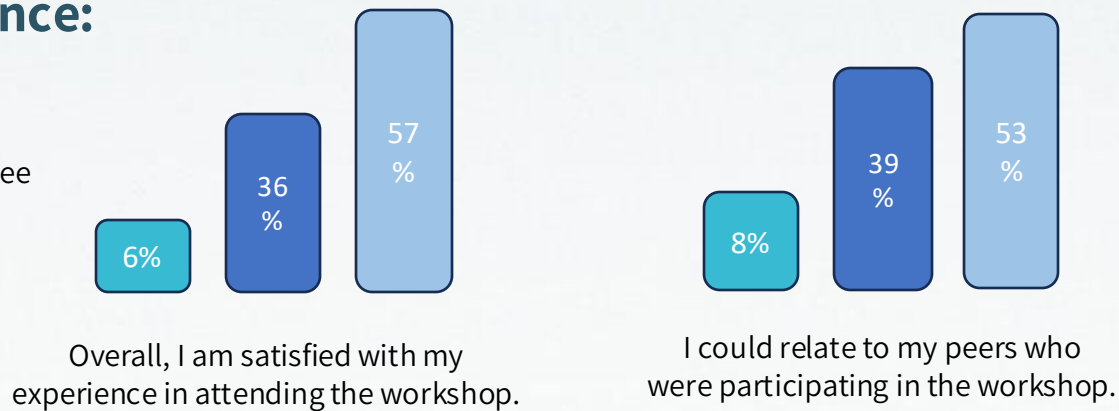
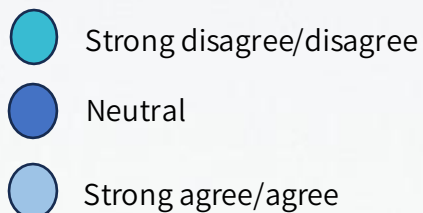


Hear from BC school participants

Staff Feedback:

- "Bringing attention to those students with mental health concerns that had until then "flown under the radar"
- "Youth were empowered with informed decision making and problem-solving skills, improving emotional regulation"
- "...shared knowledge that other students are going through similar experiences (not isolated) ... provided connection to more adults in the building."

Student Experience:



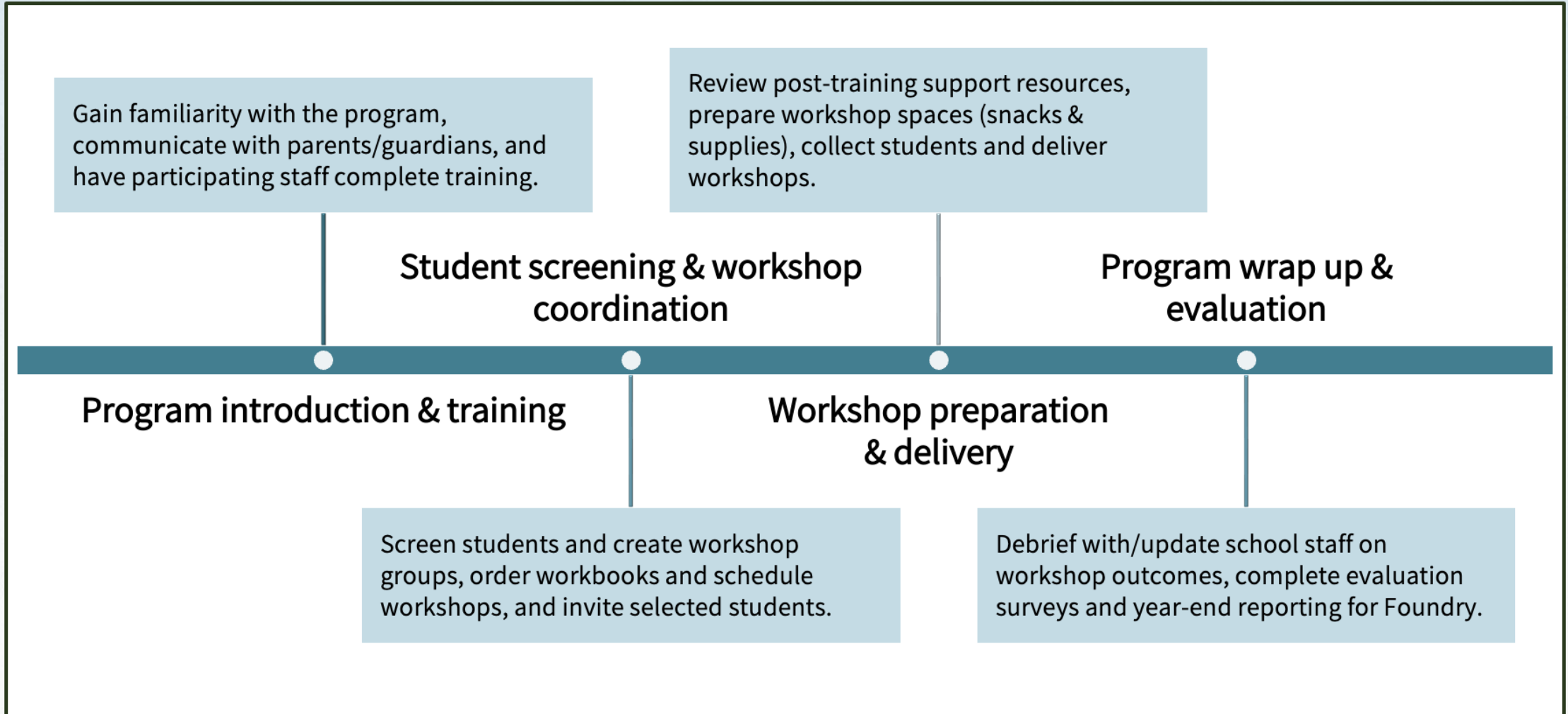
**Implementing the PreVenture
Program in Schools
&
Foundry's Support Role**

Required Roles & Training

Role	Description	Training
Champions	<ul style="list-style-type: none">• Receive PASS training• Send info letter and opt-out form to parents & guardians• Screen students and determine groups• Order student workbooks	<ul style="list-style-type: none">• PASS training (if applicable)• Pre-requisite online course (~1.5 hours)• Half-day live training
Facilitators	<ul style="list-style-type: none">• A certified trainer• Deliver workshops to students	<ul style="list-style-type: none">• Pre-requisite online course (~1.5 hours)• 2-day live training (small group practice, workshop examples, etc.)
Workshop Assistants	<ul style="list-style-type: none">• Support facilitators with workshop delivery	<ul style="list-style-type: none">• Self-paced, online training (~4.5 hours)



The PreVenture Program Implementation Overview



Foundry's Implementation Support & School Responsibilities



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- Program implementation support and resources
- Funding of training, licenses, and student workbooks
- Facilitator coaching & support
- Community of Practice (CoP)
- Evaluation coordination

- Staff time for trainings & workshop delivery (CH,FA & WAs)
- Participation in training, CoP & continuing education
- Organizing & delivering workshops
- Participation in evaluation activities
- Reporting statistics to Foundry

Considerations for the Independent School

- School & parent buy-in; A community approach
- Embedded into existing curriculum & programming
- Exploring 'Universal Delivery' in your school?
- Working with a variety of class sizes
- Understanding your privacy & security requirements



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Supporting
our youth in living
a good life

Thank you!

